

STRIPE REQUIREMENTS

ALL STUDENTS NEED 6 STRIPES ON THEIR WHITE BELT TO
ADVANCE

TINY TIGER PROGRAM

STRIPE

1. MEMORIZATION OF THE TINY TIGER OATH
2. MEMORIZATION OF THE FIRST 3 MOVES OF THE FORM
3. MEMORIZATION OF THE NEXT 3 MOVES OF THE FORM
4. MEMORIZATION OF THE LAST 3 MOVES OF THE FORM
5. MEMORIZATION OF THE 1 STEP SPARRING COMBINATION
6. MEMORIZATION OF THE SELF DEFENSE AND LINE SPARRING

KARATE KID PROGRAM

STRIPE

1. MEMORIZATION OF THE KARATE KID OATH
2. MEMORIZATION OF THE FIRST 9 MOVES OF THE FORM
3. MEMORIZATION OF THE NEXT 5 MOVES OF THE FORM
4. MEMORIZATION OF THE LAST 4 MOVES OF THE FORM
5. MEMORIZATION OF THE 1 STEP SPARRING COMBINATION
6. MEMORIZATION OF THE SELF DEFENSE AND LINE SPARRING

TEEN AND ADULT PROGRAM

STRIPE

1. MEMORIZATION OF THE SAHNG AHM SPIRIT OF TAEKWONDO
2. MEMORIZATION OF THE FIRST 9 MOVES OF THE FORM
3. MEMORIZATION OF TH NEXT 5 MOVES AND THE 1ST 1 STEP
4. MEMORIZATION OF THE LAST 4 MOVES AND THE 2ND 1 STEP
5. MEMORIZATION OF THE 3RD 1 STEP AND ALL 3 1 STEPS DONE
WITH A PARTNER
6. MEMORIZATION OF THE SELF DEFENSE AND LINE SPARRING